



PRESS RELEASE

FOR IMMEDIATE RELEASE

Complete Nutrition Opens in Machesney Park

Nutrition supplement provider offers nutrition coaching

MACHESNEY PARK, IL (July 5, 2017) – Mike and Jolynn Langley opened their second Complete Nutrition retail supplement store on Wednesday, July 5th, in Machesney Park. As successful entrepreneurs in the fitness industry, the Langley’s own 17 Anytime Fitness clubs in the Midwest and have expanded their business to include nutrition coaching and consultation. They also own the Complete Nutrition location in Rockford.

Complete Nutrition offers high-quality nutritional supplements and strives to promote safe and effective weight management, sports nutrition, fitness and general health programs to help customers look better, feel better and perform better.

“Whether you’re going for weight loss or trying to build more lean muscle, it all starts with nutrition,” said Angie Hugo, the manager of the Machesney Park location. “There’s no such thing as a miracle pill.” Hugo, who is a certified personal trainer, said that Complete Nutrition staff members are athletes, certified personal trainers, nutritionists, and people with experience in the fitness and supplement retail industry. Five staff members will support the Machesney Park location.

Complete Nutrition officially opened on July 5th, and is planning a grand opening for Saturday, July 22nd. Visit Complete Nutrition in Machesney Park at 1419 West Lane Road (Route 173) or their website at www.completenutrition.com.

Complete Nutrition joins a wave of retailers that have recently opened stores in Machesney Park, including Potbelly Sandwich Shop, All About Eyes, Ulta Beauty, and Meijer, which recently opened a 190,000 square-foot location at Perryville and Route 173.

Village of Machesney Park



Pictured left to right:
Angie Hugo, Kayla Johnson, Jolynn Langley
Photo credit: Complete Nutrition Machesney Park



Photo credit: Village of Machesney Park